

IN THIS ISSUE:

- 1 Learn about laser treatments available at Holzapfel & Lied!
- 2 Get extra protection from tinted sunscreen



THE LASER ISSUE

IPL

IPL is not a true laser, but it uses broad-spectrum light to treat sun damage, redness, and pigmentation. It's often used for improving overall skin tone and reducing dark spots or broken capillaries with minimal downtime.

Consider an IPL treatment to help remove dark spots and even your complexion. Optimal results often require two to three treatments. IPL can only be performed on light colored skin without visible tan. This treatment is best performed in the fall or winter.

VBEAM

VBeam is a pulsed-dye laser which targets blood vessels and is especially effective for treating redness, rosacea, and vascular issues like spider veins or port-wine stains. It works by heating and destroying unwanted blood vessels without damaging surrounding skin.

Consider a Vbeam treatment for broken blood vessels around the cheeks/nose, small red spots on the skin, and early red scars. It can also be used to hasten the resolution of bruises!

FRAXEL

Fraxel is a non-ablative fractional laser treatment that improves skin tone, texture, and pigmentation by creating tiny controlled injuries in the skin to stimulate collagen and promote renewal. It's commonly used for sun damage, acne scars, and fine lines, with minimal downtime compared to more aggressive lasers.

Most people need 3–5 sessions spaced a few weeks apart, with a few days of redness, swelling, and peeling after each treatment.

CO2

CO2 laser is a powerful ablative laser that removes the outer layers of skin to treat deep wrinkles, scars, severe sun damage, and uneven texture. It works by removing damaged skin, stimulating collagen and allowing new, smoother skin to form. Because it's more aggressive than treatments like Fraxel, results are often more dramatic—but downtime is longer, typically involving several days to weeks of redness, swelling, and peeling. It's best suited for lighter skin tones and individuals with significant skin aging or scarring who are willing to commit to careful aftercare and sun protection during recovery.

get extra benefit with tinted sunscreen

Most sunscreens protect your skin from UV rays (the kind that cause sunburn and skin cancer), but they don't protect against visible light — the kind of light we see from the sun, screens, and indoor lighting.

Visible light can make dark spots, melasma, and uneven skin tone worse, especially in people with medium to dark skin tones.

Tinted sunscreens have iron oxides — the pigments that give them color — which help block visible light. Studies show that tinted sunscreens block over 90% of visible light — way more than regular sunscreens. People using tinted sunscreens had fewer dark spots and better results in treating conditions like melasma.

stop in today to check out our favorite tinted mineral sunscreens!



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