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PATIENT APPRECIATION DAY COMING THIS WINTER

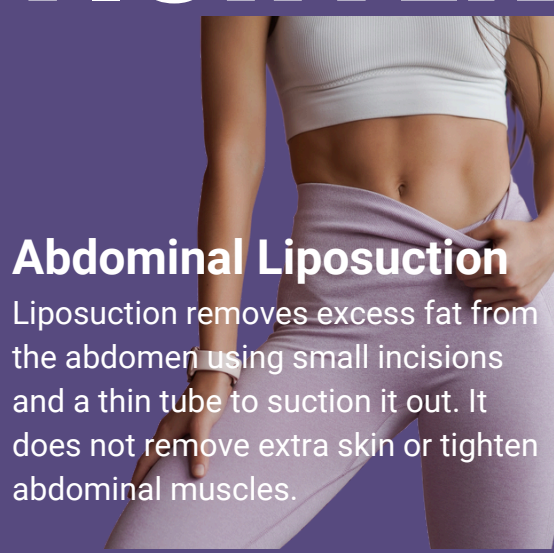
WE'RE EXCITED TO BRING BACK AN IN-PERSON APPRECIATION EVENT!

STAY TUNED FOR DETAILS

WE CAN'T WAIT TO CELEBRATE WITH YOU!

TIGHTEN

YOUR TUMMY



Abdominal Liposuction

Liposuction removes excess fat from the abdomen using small incisions and a thin tube to suction it out. It does not remove extra skin or tighten abdominal muscles.

Best for:

- People who have good skin elasticity and no significant sagging or loose skin.
- Those who want to sculpt or contour the abdomen rather than tighten it.
- Individuals who are close to their ideal weight but have stubborn fat deposits that don't respond to diet or exercise.

Recovery:
Most patients return to normal activities within a week or two. Bruising, swelling, and soreness are common for a few weeks.

Abdominoplasty (Tummy Tuck)

An abdominoplasty removes excess skin and fat from the abdomen and tightens the underlying abdominal muscles. It's more extensive than liposuction and often addresses both skin laxity and muscle separation (diastasis recti).

Best for:

- People with loose, stretched, or hanging skin after pregnancy or major weight loss.
- Individuals with weakened or separated abdominal muscles.
- Those seeking a flatter, tighter abdominal contour, not just fat removal.

Recovery:
Requires more downtime — usually 2-4 weeks off work and several weeks before resuming strenuous activity. Results are longer-lasting, especially with stable weight and healthy habits.

GET READY FOR BOTOX COSMETIC DAY ON NOVEMBER 19TH

CELEBRATE BOTOX COSMETIC DAY ON NOVEMBER 19TH

BUY ONE \$50 GIFT CARD ON THE ALLĒ APP AND GET A SECOND \$50 GIFT CARD FREE

VISIT WWW.ALLE.COM FOR DETAILS

*Please note, gift cards must be purchased through the Allē app and will sell out quickly.

See yah SPOTS

Target sun spots, hyperpigmentation and melasma with our November package special!

Package 1 VI Precision Plus Peptide Peel and 1 IPL Photo Facial for \$600 (reg \$725)

The NEW VI Precision Plus Peptide Peel reduces melanin formation and stimulates collagen. The IPL Photo Facial reduces dark spots by using bursts of light to heat and break down excess melanin, which the body then naturally clears away for a more even skin tone.

Tone & Texture, Aging & Photodamage



3 VI PEEL PRECISION PLUS

Must purchase by Nov 28th

Cannot be combined with other offers